

NUMBER 5

3<sup>rd</sup> MARCH 2022

## PRINCIPAL'S REPORT

**VISION** To provide a positive school environment that allows every individual the opportunity to flourish.



### REMINDERS FOR WEEK SIX: TERM ONE 2022

Friday March 4 <sup>th</sup>	<ul style="list-style-type: none"> <li>• Division Swimming in Hamilton – Shantae</li> <li>• 'Flourishing Friday' 2:30pm</li> </ul>
Monday March 7 <sup>th</sup>	<ul style="list-style-type: none"> <li>• 'The Resilience Project' - Gratitude</li> </ul>
Tuesday March 8 <sup>th</sup>	<ul style="list-style-type: none"> <li>•</li> </ul>
Wednesday March 9 <sup>th</sup>	<ul style="list-style-type: none"> <li>• Resilience Project Parent Webinar – 6:30pm</li> </ul>
Thursday March 10 <sup>th</sup>	<ul style="list-style-type: none"> <li>• Parent Community 2:30pm</li> <li>• Assembly 3pm</li> </ul>
Friday March 11 <sup>th</sup>	<ul style="list-style-type: none"> <li>• Whole School Excursion to Cape Bridgewater</li> </ul>

### PARENT WEBINAR WITH HUGH FROM 'THE RESILIENCE PROJECT'

You are invited to a Parent Webinar with Hugh van Cuylenburg on Wednesday 9<sup>th</sup> March 6.30pm-8.00pm (90 minutes)

During this presentation, Hugh will share his experiences and combine them with practical strategies that can be implemented everyday to improve our overall wellbeing.

Parents will need to register using the following registration link:

[https://us02web.zoom.us/webinar/register/WN\\_BSZQ7j8bQ5qAA7dfV6PgHQ](https://us02web.zoom.us/webinar/register/WN_BSZQ7j8bQ5qAA7dfV6PgHQ)



\*\*Upon registration, registrants will receive a link to attend the webinar, along with a reminder the day prior.

Please note that the webinar will include parents from other Partnership Schools.

### EXCURSION TO CAPE BRIDGEWATER – March 11<sup>th</sup>

Our first Flourishing Friday excursion for 2022 will be to Cape Bridgewater. A separate note will go home with all students early next week.

### COVID

This week has seen many of our families (and staff) affected by COVID. Fortunately, all are coping as well as can be expected. My thoughts are with those who have been in isolation. I encourage any family to reach out for support if needed.

### PARENT COMMUNITY – next coffee & chat Thursday March 10<sup>th</sup> 2:30pm

Thank you to those parents and grandparents who were able to make our first parent community gathering last week. There is no commitment to attend every fortnight, come when you can. We are also more than happy to have pre-school children at our gatherings.

### ACTIVE BANDS

There have been some minor and major issues with the Active Bands. As this is an initiative from Athletics Australia, I have little control over the bands. I do know that they are working at home when linked to a parent's phone. Not working at school as yet, Athletics Australia have yet to provide me with the school app.

- ❖ I would love to hear from any parents who are having success with the bands.

### REMINDER:-

**Please contact the school a.s.a.p. if your child is absent for any reason, either by phone or email.**

*Thank You*

## SCHOOL COUNCIL

Nominations for School Council are currently open. The timeline for the School Council Election Process is as follows;

- Friday 25<sup>th</sup> February Call for nominations
- Friday 4<sup>th</sup> March Nominations close.
- On or before Friday 11<sup>th</sup> March should nominations exceed the number of vacancies a ballot will take place. Ballot papers distributed.
- Thursday 17<sup>th</sup> March Close of ballot
- Friday 18<sup>th</sup> March Count of votes and declaration of the poll
- Wednesday 23<sup>rd</sup> March School Council AGM

If you have any questions about this process, please ring me or come into see me.

## EXTRA-CURRICULA TERM 1 DATE 2022

<b>March</b>	Friday	4 <sup>th</sup>	-	Division Swimming Flourishing Friday
	Wednesday	9 <sup>th</sup>	-	Parent Webinar with Hugh 6:30pm
	Friday	11 <sup>th</sup>	-	Flourishing Friday Excursion
	Monday	14 <sup>th</sup>	-	<b>Labour Day Holiday</b>
	Friday	18 <sup>th</sup>	-	Flourishing Friday
	Wednesday	23 <sup>rd</sup>	-	School Council AGM 7pm
	Friday	25 <sup>th</sup>	-	Rural Athletics
	Wednesday	30 <sup>th</sup>	-	BMX Show 9:30am
	<b>April</b>	Friday	1 <sup>st</sup>	-
Tuesday		5 <sup>th</sup>	-	District Athletics
Friday		8 <sup>th</sup>	-	<b>Last Day of Term 1</b>

**LEE GIBBONS.....PRINCIPAL**

**HAPPY BIRTHDAY** to Aengus McDougall who turns 8 on Monday.

## **BOOK CLUB- ISSUE 2**

These were distributed today and are due back by Friday, 18<sup>th</sup> March

## **EASTER RAFFLE – RAFFLE TICKETS WILL GO HOME ON NEXT WEEK’S NEWSLETTER**

**DONATIONS:-**Families are asked to donate an ‘Easter Themed’ item for our raffle..i.e. Easter Eggs, Easter colouring books, small Easter toys etc. Donations can be brought to the office.

## **EASTER COLOURING COMPETITION**

Attached to today’s newsletter is an entry form; This competition is being run by **Davis Print**, (located next to the Post Office) Any students who wish to enter this must **return their completed entry to Davis Print (and not to school)**.

## Chaplains' Corner – Dealing with our difficulties

Just when you think you've got this or that issue sorted and put away, it turns up again. Difficult issues have a habit of rearing their ugly heads when we least expect it. Like Covid, for example. We have all felt pretty good that mandates have been reduced, greater freedoms given along with the feeling that we've come out the other side. And, lo and behold, Covid infections turn up uninvited to our school. And not just ours.

So, what do we do with issues that we think we've got on top of only to have them reappear? It's not just Covid of course. The possibilities are endless, like our family's wellbeing, our relationships, finances, health issues (not just Covid), employment, home maintenance, accommodation, sporting commitments and so the list goes on. Simply add in your own current challenges. So, what do we do about that big issue which we all have to deal with? And that big family one? Consider....

- **Difficulties arrive without warning** – And frequently through no fault of our own. Often they spring up through misunderstandings, or the expectations of others which we didn't understand, or signs of something coming adrift which we simply had no reason to suspect.
- **But we do often create our own dramas** – When we raise our voices, or lose our tempers, or start holding others responsible for all our troubles, we enter into a dangerous red zone. Relationships, even with the people we love, become casualties. The damage done may be hard to repair.
- **So, one reality stands out here** – Life is always a curious combination of joy and pain, the things that go well, the things that come unstuck. We do ourselves a great service when we accept that this is the way life works. To have big deal problems to work on is a fixed part of being human.
- **Well then, what about our responses?** – A great question. There are broadly two ways of dealing with the tricky stuff. One is to adopt the victim mode and blame everyone else for our dramas including next door's neighbour's dog. This generates heat but rarely solves anything.
- **There is a better way** – It's about acting with maturity. Of recognising that something has gone belly up. Big question: What has been my role in this? Have I triggered the problem? To admit that I may have or helped to create a problem is a big step forward. It means that I can take some initiatives.
- **To rectify the problem I've created requires certain qualities** – Like humility and the courage to offer a genuine apology along with the commitment to undo or fix up what has gone wrong. To wear the responsibility for what has happened and to find an effective solution.
- **But some problems won't go away easily** – Especially if criticisms made about us do not have any foundation. It happens sadly. Someone gets it into their mind that we have pulled a swifty, or said or done something unkind or deceitful. There is no quick fix here. This is how relationships crash.
- **Difficulties can help us grow as people** – Including the ones which don't have an easy solution. They may teach us new lessons about patience, about going the extra mile, about tuning into the pain of others who have their own toughies. Of listening rather than defending ourselves.

Families are great classrooms. Make the time to help your kids when they start to worry about this or that. Ask them to tell you what they think has gone wrong. Have they said or done the wrong thing? Have they been hurt or hurtful? Work out with them simple ways to find a solution. You can do it.

**John** – stay in touch [revsimmo@gmail.com](mailto:revsimmo@gmail.com) – 0428 780 421, **Andreena** – 0428 233 082

# Join the Bolwarra-Narrawong School Dads' Group

... where fathers and father figures can gather, share, learn and laugh - with each other and their kids.



# Portland Hockey Club



Get started today with

# HOOKIN2 HOCKEY

**NO PRIOR HOCKEY EXPERIENCE NEEDED**

Join us for a 8 week program aimed at Primary School Students (5-12 Years) Starting Sat 5th of March at 10am. At St. Johns Lutheran Primary School, 43/55 Trangmar St, Portland.

Cost: \$30

Register at [hookin2hockey.com.au](http://hookin2hockey.com.au)

Enquiries: Jemma, 0448 729 218

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# EMERGENCY SERVICES MAGIC OF STORYTIME

with

VOLUNTEER COAST GUARD

11.00 AM

FRIDAY 4 MARCH 2022

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THIS IS A FREE EVENT

Book giveaways and fun activities, including exploring the special equipment the Coast Guard employ during an emergency.

