

NUMBER 6

9th MARCH 2023

PRINCIPAL'S REPORT

VISION To provide a positive school environment that allows every individual the opportunity to flourish.

REMINDERS FOR WEEK SEVEN: TERM ONE 2023

Friday March 10 th	<ul style="list-style-type: none"> • Flourishing Friday • Parent Community 3pm
Monday March 13 th	<ul style="list-style-type: none"> • LABOUR DAY HOLIDAY
Tuesday March 14 th	<ul style="list-style-type: none"> • GRIP Leadership Day – Student Leaders
Wednesday March 15 th	<ul style="list-style-type: none"> • NAPLAN Writing – Grade 3 & 5
Thursday March 16 th	<ul style="list-style-type: none"> •
Friday March 17 th	<ul style="list-style-type: none"> • NAPLAN Reading – Grade 3 & 5 • Parent Community 3pm

SCHOOL GROUNDS



My favourite part of the school day is the walk around our track before school. The natural surroundings are magnificent, made better when we have special visitors like this koala yesterday morning.

INCLUSION

We are seeing our students showing great inclusion skills since our lessons. Examples include when students are aware that someone is being left on their own, they then invite that person into their group. Small actions for huge results.

“Diversity is a fact. Equity is a choice. Inclusion is an action.
 Belonging is an outcome”

CROSS-COUNTRY SPORTS DAYS – Term 2

Rural Cross-Country - Thursday May 4th p.m. at Narrawong.
 All students.

District Cross-Country – Thursday May 11th am in Portland
 Qualifying students 10 and older.

SCHOOL COUNCIL REPRESENTATIVE NEEDED

We are after a parent to fill a one-year position on our School Council. Please contact me if you are interested.

NAPLAN – Grade 3 & 5 students

Timetable for NAPLAN

Wednesday March 15th – Writing
 Friday March 17th – Reading
 Monday March 20th – Conventions of Language
 Thursday March 23rd – Numeracy

4 WEEKS LEFT OF TERM 1

We have a very busy 4 weeks left in Term 1. Highlights include.

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|---|---------------------------------|
| • Healthy Lunch with 'Vic Kids Eat Well' | Thursday March 23 rd |
| • Rural Athletics | Friday March 24 th |
| • District Athletics | Thursday March 30 th |
| • Casual Clothes Day | Friday March 31 st |
| • Whole School Excursion | Wednesday April 5 th |
| • Family Lunch, Assembly & Easter Raffle Draw | Thursday April 6 th |

If you have any questions about any of these events, please contact me.

EXTRA-CURRICULA TERM 1 DATE 2023

March	Friday	10 th	-	Parent Community 3pm
	Monday	13 th	-	LABOUR DAY no students or staff at school
	Friday	17 th	-	Parent Community 3pm
	Friday	24 th	-	Rural Athletics
	Wednesday	29 th	-	School Council AGM
	Thursday	30 th	-	District Athletics
	Friday	31 st	-	Parent Community 3pm
April	Wednesday	5 th	-	Whole School Excursion
	Thursday	6 th	-	Last Day of Term 1

LEE GIBBONS.....PRINCIPAL

HAPPY BIRTHDAY to Jimmy Calderwood (6) and Julie Wilson who will celebrate their birthday on Tuesday.

FRIDAY LUNCHES – Tomorrow 10th March – BBQ Sausages – Laura & 1 helper needed
17th March – Beach House Pizza – Demi & Sarah

RURAL SCHOOL SPORTS 24th MARCH – LUNCH ORDERS

All orders **must be** returned to school by **TOMORROW - Friday, 10th March.**

There will **DEFINITELY NOT** be any orders taken on the day. Orders will be made up and bagged ready for collection at the lunch break. Please mark your forms **clearly** with your name and choice of food items. Additional order forms for parents/friends are available from the office.



EASTER RAFFLE

Attached to today's newsletter is a \$10 book of raffle tickets (use both sides). Tickets, together with money to be returned to school by Wednesday, 5th April. The draw will take place at assembly on Thursday, 6th April.

We ask families to donate an Easter themed item for our raffle - these could include Easter Colouring-in Books, Easter Eggs, small Easter toy ie: bunny etc. Depending on donations, we hope to have multiple draws. These can be brought to school from now on and placed in the container in Nicole's office.



Portland Secondary College

Creating the Opportunities...

Important Dates for 2024 Year 7 Students

20 March 2023 - Grade 6 Orientation Day
27 March 2023 - 2024 Year 7 Scholarship Testing

8 May 2023 - Junior School Showcase and Information Night

Tours of PSC can be arranged at a time to suit you. To make an appointment call our General Office on 5523 1344 or contact:

Emma Clignett, Year 7 Student Engagement Leader
emma.clignett@education.vic.gov.au
or
portland.sc@education.vic.edu.au



Portland Tigers AFL Kickstart Program



REGISTRATION IS OPEN
Training is on Wednesday nights
Dates: April 26th till June 21st
Time: 5:00pm till 6:00pm

Location: Hanlon Park
Gender: Mixed
Ages: 5 - 10



FACEBOOK



REGISTER

Cost \$40 - Includes
Tigers Training Singlet
1 x Football

8 - 10 training sessions
Half time games at Hanlon Park



PFNCC Co-ordinator: Michael Carr
Mobile: 0411 841 562

Chaplains' Corner - When the vacuum ran out of puff

To be honest, I didn't want to give it the heave-ho. But there didn't seem to be much choice really. It had been doing a great job too, very handy, looked good, user friendly. But it had given up the ghost, as the saying goes. My car vacuum cleaner. A great little unit that had lost its will to live. So, I had a quiet think about it. Even after being on the charger there was no life.

And then the penny dropped. I tend to hang on to stuff, let me confess. So, I hauled out my box of electrical leads and what have you. And found a couple of other chargers waiting to be useful. In short, after trying a few, I found one that did the trick. For whatever reason, the original charger decided that its purpose in life was no longer rewarding and quit doing what it was designed to do. But the old charger from the box did what had to be done. I now have my vacuum co-operating happily and buzzing with glee. It struck me that there could be a useful lesson or so here for us and our families....

- **We all run out of puff at times** - We look fine on the outside but that's about it. Inside we are not coping, not doing what we need to be doing. We keep the external appearance up but inside we know we are not doing what needs to be done. A not uncommon experience for all of us.
- **When our inner strength dries up, we can't be what our families really need** - This is not some great sin by the way. This loss of energy, of the will to get in there and be an effective mum or dad can catch up with all of us. We try to do too much, to kick every goal, to please everyone. Oops.
- **Sometimes we need a good dose of common sense** - Sadly, not always common. If we are not coping, it's time to make some decisions. Like asking the hard questions: what decisions do I have to make? Or what can I leave to one side? Or how can I be more of a presence to my family?
- **It takes courage for some of us to wake up to the big reality** - We have not been designed to meet every need, or kick all those goals. Rather, in our families it's about setting an example of loving care, of listening, of helping with that jigsaw, of tuning in when that child is upset about whatever.
- **If we're not careful, our needs become the big deal** - Rather than being a wise and generous parental resource for the gang, life increasingly becomes an agenda of meeting my needs, of doing what I want in the ways I want. The big picture of what's best for my family goes missing in action.
- **So, sooner or later we need to find the charger** - How do we get our zest back, our energy to be the parent who creates and enjoys the family fun stuff? If we are simply running on flat all the time, we become surplus to needs. That is, we are driven by our grudges; we become experts at fault finding.
- **How do we make the recharge work?** - Simple as it may seem, we have to be brave enough to face the fact that we need the recharge, the fresh injection of energy, hope and wisdom. What decision have we been dodging? What have we put off that sits there creating stress and anxiety?
- **The recharged mum and dad bring new life to the family** - By facing and dealing with any hard stuff, we can then move on and be much more of a loving, caring parent, willing and able to be truly present to our family. Our families need us in ways we often don't understand.

There's a big bonus when we own up and deal with our tough stuff. When we realise that we have run out of puff. So, put your hand up. Talk. Listen to each other or a close friend. Quit trying to be some kind of superhero. Your family needs you to take a recharge, often. Just do it and enjoy the ride.

John – stay in touch revsimmo@gmail.com - 0428 780 421, **Andreena** - 0428 233 082

