

NUMBER 16

1<sup>st</sup> JUNE 2023

## PRINCIPAL'S REPORT

**VISION** To provide a positive school environment that allows every individual the opportunity to flourish.

### REMINDERS FOR WEEK SEVEN: TERM TWO 2022

Friday June 2 <sup>nd</sup>	<ul style="list-style-type: none"> <li>Bolwarra Staff involved in Day 2 Youth Mental Health First Aid</li> <li><b>STUDENTS ATTEND SCHOOL</b></li> <li>No Parent Community</li> </ul>
Monday June 5 <sup>th</sup>	<ul style="list-style-type: none"> <li>Resilience Project 2:30pm</li> </ul>
Tuesday June 6 <sup>th</sup>	<ul style="list-style-type: none"> <li></li> </ul>
Wednesday June 7 <sup>th</sup>	<ul style="list-style-type: none"> <li>Students return from Somers 3:45pm</li> </ul>
Thursday June 8 <sup>th</sup>	<ul style="list-style-type: none"> <li>Assembly 3pm</li> </ul>
Friday June 9 <sup>th</sup>	<ul style="list-style-type: none"> <li><b>Report Writing Day – PUPIL FREE DAY</b></li> <li>Mixed Netball team in Warrnambool</li> </ul>

### SOMERS

On Tuesday morning we farewelled Mykibie, Zach, Jack, Jackson, Ava, Arlee, Dakota and Ellie, as they went off on their great adventure to Somers camp. They will return on Wednesday June 7<sup>th</sup>.



### PARENT FEEDBACK

Would love to get your views on our school. The attached simple 3 question questionnaire will help the school have direction for the future.

Completed questionnaires can be placed in the lunch order bucket outside the staff room.

### RETIREMENT – Gratitude

On arrival at Bolwarra in 2006 I meet Freddie Phillips, whose paid role was as the school cleaner. Every Thursday she volunteered to put the newsletter together. To this day Freddie continues in this role. I consider myself extremely fortunate to have had Freddie in this role. But these 2 roles go nowhere near covering everything Freddie has done at Bolwarra during my 17 years. Her other roles have included filling in for Nicole, organising staff birthday morning teas and helping wherever she saw that she was needed. Most importantly Freddie has been a great friend to every staff member at Bolwarra including myself.

My capability as a Principal was changed dramatically when John Simpson joined our school as our Chaplain. Since meeting John he has become a great mentor for me. There has been so much that I have learnt from John. These learnings have enabled me to become a better Principal but more importantly a better person.

In the last few years Andreena Hockley has joined John in sharing the Chaplain position. This is another example of how fortunate I have been as Principal of Bolwarra, with the quality of the staff around me. I have always known that Andreena has been there for me to use a sounding board on any issue. As with Freddie and John written words don't do full justice for the gratitude I have for Andreena.

### CASUAL CLOTHES DAY – Friday June 16<sup>th</sup>

**Come dressed as Mr. Gibbons**

- This year we will be raising money to support children with Type 1 Diabetes
- Gold coin donation

### PREP 2024

Enrolments - We are now taking school tours for 2024 enrolments. If you require an enrolment pack for a sibling, pop into the school office. If any family or friends would like a tour of our wonderful school, please have them contact the office.

All schools in the Portland and District area encourage students to go to their local school. Your local school can be found by visiting <https://www.findmyschool.vic.gov.au>

## EXTRA-CURRICULA TERM 2 DATES 2023

June	Friday	9 <sup>th</sup>	-	Report Writing Day (Pupil Free Day)
	Monday	12 <sup>th</sup>	-	King's Birthday Holiday
	Friday	16 <sup>th</sup>	-	Casual Clothes Day
			-	Parent Community 3pm
	Friday	23 <sup>rd</sup>	-	Last Day of Term 2

LEE GIBBONS.....PRINCIPAL

**HAPPY BIRTHDAY** Niklaus Moore who turns 8 tomorrow.

**BOOKCLUB ISSUE 4** is due back at school by tomorrow, Friday, 2<sup>nd</sup> June.

**join us!**

### SPORTY MAGIC OF STORYTIME

Join Les Horovitz, minirosos coach from Portland Soccer Club reads *KICKING A BALL* by Allan Ahlberg

Friday 2 June 2023  
11.00am  
Portland Library

BOOK GIVEAWAYS - FUN ACTIVITIES - FREE EVENT

## TOO MUCH TOO YOUNG WORKSHOP

**ABOUT THE WORKSHOP:**  
Have you noticed that your young person sometimes seems to be growing up too fast? Children today are often bombarded with hypersexualised messages, and these unhelpful narratives can distort young people's views of bodies, sexuality and relationships. In this session, presenters Melinda Tankard Reist and Daniel Principe will explore practical ways parents can help to protect young people from the impacts of toxic media, and support respectful relationships and healthy self-image.

**WEDNESDAY, JUNE 7, 2023**  
7PM  
St Johns Lutheran Primary School  
43/55 Trangmar St  
Portland  
FREE

A free bus will be traveling from Heywood, email [tiana.richardson2@education.vic.gov.au](mailto:tiana.richardson2@education.vic.gov.au) to book a seat

**SPEAKER:**  
**MELINDA TANKARD REIST**  
AUTHOR, SPEAKER, MEDIA COMMENTATOR, AND ADVOCATE FOR YOUNG PEOPLE  
**DANIEL PRINCIPE**  
YOUTH ADVOCATE AND EDUCATOR

Supported by:  
United Way, #SayNO2familyviolence, Rotary Clubs of Portland, hdscc, PORTLAND SECONDARY COLLEGE, POWERHOUSE PRODUCTIONS, ANNESLEY, AWA Alliance Bank, PORT OF PORTLAND, Bayview College

16TH JUNE  
WWW.BLUELIGHT.ORG.AU  
PROUDLY RUN BY LOCAL POLICE AND VOLUNTEERS

## Blue Light Disco

PORTLAND BLUE LIGHT DISCO

8- 10PM | 9 TO 14 ONLY | \$10 ENTRY  
COME DRESSED AS YOUR FAVE MOVIE CHARACTER!  
PORTLAND CIVIC HALL  
30 BENTICK ST, PORTLAND  
CONTACT LSC LEE-ANNE NELSON 03 5522 1500

PORTLAND BLUE LIGHT DISCO | BLUELIGHT\_VIC

Portland Runners Club Presents

## WINTER SOLSTICE FUN RUN

June 18<sup>th</sup> 2023

9K - 15K - 25K TRAIL  
WALK OR RUN PLUS A KIDS RUN

Register Now  
[portlandrunnersclub.com.au](http://portlandrunnersclub.com.au)

proudly sponsored by PRINT SOLUTIONS

## Fun Food Fact

A banana tree is a herb and a distant cousin to ginger! This is because the plant has a succulent or fleshy stem instead of a woody stem like a tree. Ripe banana and ginger are a delicious combination when used together in a loaf or muffins.

Brought to you by Jane Killmister, your local Healthy Kids Advisor for Glenelg Shire.

The Healthy Kids Advisors initiative supports schools, local sports clubs, and after school-hours care to provide delicious, fresh food and drink to children and young people.

## Chaplains' Corner - That annoying sound switch

It's only a small switch. On the side of my iPhone. You all know which one. Top left, red, switches all sounds off. But I've had no reason to turn off the sound for ages. This lack of use caught me out a few days ago. I couldn't work out why I was missing the usual bell sound when messages arrived. Messenger too. And I missed some calls which was annoying. The phone didn't ring. Couldn't work it out. Completely forgot that on/off switch. Can you believe it?

Finally, the penny dropped. I checked that sneaky switch. Yes, you've guessed it. Sounds turned off. So, easy fix. Problem solved. But only after I'd gone into Settings, scrolled up and down to discover what on earth was going on. All notifications in order. Everything right. Just no sound. It's embarrassing to confess that it took so long to work out the problem. And, then, easily sorted. I'll admit to being a tad cross with myself. A needless delay. Should've had that sorted in no time at all. Then it struck me how easy it is to miss the obvious, especially in our families. Have a think about it....

- **Think about that child of yours who's gone silent** - Sure, we all have our quiet moments. We need them to stay sane. But when a family member has quit communicating, we need to take a good look. What's turned their sound off? And how do we turn it back on?
- **What about that pesky issue that we don't talk about any more?** - You know, the one that always raises the temperature when we try to reach a good outcome. But our attempts to find the way forward always create stress, so we've stopped working on it. Not clever. Check the sound switch.
- **And why do we as mums and dads go silent?** - You know the times. The standard family stresses which gang up on us. We think we're about to lose the plot. It's the tricky balancing act of meals, washing clothes, colds and sniffles, kids who can't sleep, the finances. We just go quiet for a while.
- **And what applies to our families also applies to our friends** - What about the neighbour or relative who's gone quiet? It's not like them. May be it's worth just gently checking them out to make sure life has not spun out of control for them?
- **One thing we do know is that being quiet for too long is not good** - We are wired for community, for relationships, for belonging to and caring for each other. Sustained non communication, extended silence may be a sign of serious inner turmoil. That quiet soul may be in serious need.
- **But there is also a strong case for being silent at times too** - We can't keep up the kind of pace which most of us try to sustain. We run out of puff. We actually need quiet spaces in our days when we can reflect, relax, be calm without feeling guilty about slowing up. The fast lane is not our friend.
- **Some of us are experts at beating ourselves up** - We have a perfectionist streak which wants everything sorted out yesterday. We want that quiet child to talk. And if they don't, it'll be our fault. We have to know what's going on for them. Well, yes and no. Just give them time and yourself too.
- **So, silent times with the sound off may be a good thing** - That quiet young person may need the space to cope with changes in their minds and bodies. The quiet partner may be simply easing up to cope a little more effectively. Don't take all this personally. Learn to relax in the quiet times.

We all enjoy the noise of families. The laughter, the conversations, the stories, the one liners, the games on the big screen. Just be attentive when the sounds are turned off. Don't panic. Just be there.

**John** – stay in touch revsimmo@gmail.com - 0428 780 421, **Andreena** - 0428 233 082

Bolwarra Primary School



# Bolwarra Primary School 1324

## VISION

*To provide a positive school environment that allows every individual the opportunity to flourish.*

Bolwarra Primary School



What do you see as the strengths of Bolwarra Primary School?

In what ways could we make our school better?

If you were talking to a friend who was thinking of enrolling their child at Bolwarra, what would you say about our school?

## SCHOOL RULES

- *Treat others the way they would like to be treated*
  - *Do no harm*

